

Attachment A

- Learning to recognize Sympathy versus Empathy (Option 1 Exercise)
 - Have the students decide whether the following statements are expressing sympathy or empathy.
 - I am so sorry to hear that your grandmother passed away if there is anything you need please let me know. (Sympathy)
 - I remember when I wrecked my car it was an upsetting experience. (Empathy)
 - I know you feel terrible but receiving a bad grade on a test does not mean you will get a bad grade in the class. (Sympathy)
 - When I broke my arm it took about a week before I felt better. (Empathy)
 - I know it's not easy to lose weight because I have faced the same problems myself. (Empathy)
 - I feel so sad for the people in that hurricane (Sympathy)

- Changing Sympathetic statements to Empathetic statements (Option 2 Exercise)
 - Have the students change the following sympathetic statements to empathetic statements.
 - Kyle was sorry to hear that Ryan was struggling in physics class.
 - John never had a pet but he felt awful for Susie who just lost hers.
 - Jackie was sorry for John, who lost his house in a fire.
 - Mary was saddened by the news that her best friend Beth has just broken up with her boyfriend.